

## Welcome

We would like to welcome those who have recently joined us.

## Little Ninjas

John Montgomery  
Calum Johnstone  
Cara Montgomery  
Aaron Low  
Leah Bure  
Logan Macbeth  
Jay Lowden

## Kickin' Kids

Danny Boag  
Stephanie Munn  
Stella Curinier  
Eray Bingol  
Lucy Bure  
Andreas Chavarria  
Fraser Catto

## Juniors

Altay Bingol  
Alice Unwins  
Kyle O'Neill

## Seniors

David Norval  
Matthew Norval  
Rafael Chavarria

## Kickboxing

Annemarie Holding  
Paul Matheson  
Rachel Seivwright

## COMPETITION RESULTS

### **WEST LOTHIAN OPEN - September**

This competition was held on 3<sup>rd</sup> September in Blackburn, West Lothian. Fourteen students travelled to attend and they returned in 3<sup>rd</sup> place overall with a total of 9 Gold, 10 Silver, 3 Bronze. Congratulations to them all for a great effort. For full results - see the noticeboard and website.

## NATIONAL TEAM SELECTION

### **ITF EUROPEAN CHAMPIONSHIPS – Mr Gordon Trinder 1<sup>st</sup> Deg**

This years European Championships are being held in Bratislava, Slovakia from 20<sup>th</sup>-23<sup>rd</sup> October. Mr Gordon Trinder 1<sup>st</sup> Deg has been selected to compete for the Scotland Team in the individual events for Junior 1<sup>st</sup> Degree Patterns and Junior under 54kg Sparring. He has also been selected for the team events - Junior Team Patterns and Sparring. Mr Trinder won a Team Bronze in the ITF World Championships in March 2011 and also won through to the quarter finals in the Male 1<sup>st</sup> Deg Pattern Event. He is currently training every weekend with the team in preparation for these championships. Congratulations to him for being selected once again and we wish him the best of luck.

Pattern coaches, Master Wallace and Mr Boydell will both be travelling to the championships - Master Wallace will be umpiring and Mr Boydell will be coaching and competing in Senior Male Power.

### **WMKF WORLD CHAMPIONSHIPS (Kickboxing) – Barry Woods 6<sup>th</sup> Kup**

Following the IAKSA Kickboxing European Qualifiers in May this year, both Barry Woods 6<sup>th</sup> Kup and Jordan Jackson 8<sup>th</sup> Kup were selected. Barry will be travelling to Sicily, Italy to compete in the WMKF World Championships with the World Martial Combat Federation Scotland Team. He will be competing in the individual light contact sparring and team sparring events. These championships are being held from 2<sup>nd</sup>-7<sup>th</sup> November. We wish him luck in this forthcoming competition.

## COMPETITION DATES UP AND COMING

### **TAEKWON-DO SPORT “THE GATHERING”**

#### **Saturday 10th September**

Bells Sports Centre, Perth

#### **NORTH EAST CHALLENGE CUP**

#### **Sunday 27th November**

Saltire Leisure Centre, Arbroath. This is the annual competition for our group – Northern Taekwon-Do Academies. This competition will be hosted by Master Wallace, Mr McNairn, Mr Campins, Mr Boydell and Mr Ingram. Entry forms will be available closer to the time.

For those who have never entered a competition or have not done so for a long time, PLEASE REMEMBER that it is essential for you to do so for further promotion (especially at senior grades). This will be the ideal chance for many as it is being held so close to home, so no excuses - get this date in your diary now!!!

### **IAKSA SCOTTISH OPEN - Kickboxing**

#### **Sunday 20<sup>th</sup> November**

Arc Building, Caledonian University, Cowcadens Road, Glasgow, G4 0BA

## DEGREE TECHNICAL TRAINING

Degree Technical Training is open to all ITF Blackbelts at a cost of £15 per class. This cost is included in the membership for Academy Blackbelts. Our next class will be held as follows:

<b>SEPTEMBER</b>	<b>Sunday 18<sup>th</sup></b>	5-8pm
<b>OCTOBER</b>	to be announced	see notice board / website for details

## INSTRUCTOR TRAINING

We will be holding Instructor Training twice a year for 5 hour sessions. These classes will be open to all NTA Blackbelts. Our next class will be held before the end of the year. Please check the notice board / website for details.

## BLACKBELT CLUB

Members of Blackbelt club are reminded to keep a constant check of the notice board/website for up coming dates. Due to Instructor commitments, dates may be changed at short notice. To join our Blackbelt Club mailing list, please ensure that you provide us with a current email address. Alternatively you can join our Academy Facebook group.

## DEGREE GRADING - November

This years Northern Taekwon-Do Academies Degree Grading will be held on Saturday 12<sup>th</sup> November at our academy in Aberdeen. There will be a Technical Seminar in the morning followed by the exam in the afternoon. Those who are testing can sit their theory exam on Friday 11<sup>th</sup> November and our academy will also be open then for a practice session for all exam candidates. Good luck to the following candidates from our academy who will be testing:

**Mrs Wallace 2<sup>nd</sup> Deg, Julie Whyte 1<sup>st</sup> Kup, Stephen Robertson 1<sup>st</sup> Kup**

## OCTOBER CAMPS

Our October Camps will be held during the first week of the holidays. These camps are for students from the Kickin Kids and Junior classes only. Each day will run from 9am-4pm with drop off from 8:30am and attendance can be on either one or two days. All you need is a £10 deposit to reserve your space and full payment is required one week before the camp in order to secure otherwise your space will be lost. Please don't leave it too late to book your space!!

**OCTOBER Wed 12<sup>th</sup> & Thurs 13<sup>th</sup> SPACES ARE LIMITED TO 20**

## GRADUATION RESULTS

Following our most recent Belt Promotions, the following results were achieved:

### **LITTLE NINJAS (14-Aug-11)**

White/Yellow - Carmen Allen, Archie Mitchell  
White/Orange - Nathan Murray  
White/Green - Erin McKay, Leah McKay, Brandon Martin  
White/Blue - Megan Philip  
White/Purple - Jay Leslie

### **KICKIN' KIDS (14-Aug-11)**

Orange/White - Dagan Rait, Tommy Harvey  
Yellow/White - Ethan Tole

### **JUNIOR / SENIOR TKD (15-Jul-11)**

5<sup>th</sup> Kup - Paul Stephen  
7<sup>th</sup> Kup - Peter Hepburn, Szymon Slusarski  
8<sup>th</sup> Kup - Ross Stoker, Katy Moscrop, Tom McGinn

### **JUNIOR / SENIOR TKD (04 –Sep-11)**

2<sup>nd</sup> Kup – Elle Trinder, Gemma Clark  
5<sup>th</sup> Kup – Alex Jasnoch  
9<sup>th</sup> Kup – David Norval, Matthew Norval, Daniel White

## LUCKY NUMBERS – Join Now!!

We have currently raised over **£500.00** from our Lucky Numbers draw at the end of August-11. If you would like to join our weekly draw, all you have to do is check with Sally to see which numbers are available and select one or more.

Each number is £1 per week and it is payable 4-8 weeks in advance to cut down on the admin. A number will be drawn each week (Monday) and the lucky winner will win **HALF THE TOTAL PRIZE MONEY** that week. The other half of the money will be put into our Academy Student Fund and the money will be used for travel costs for competitions or anything we deem appropriate. Thank you to all who have supported this and congratulations to all the winners!!

## HALLOWEEN FANCY DRESS

As Halloween is approaching fast once again, students from all classes are reminded that they can attend class in Fancy Dress on the days surrounding Halloween - Sunday 30<sup>th</sup> October, Monday 31<sup>st</sup> October and Tuesday 1<sup>st</sup> November. Classes as always, will go ahead as normal with the addition of some Halloween fun and there will be prizes for the best costumes in each class!!

## Reminders

**Facebook** - Our academy now has a Facebook Page which we would like you all to join so we can keep you up to date with all our latest news and events. Join our group now by searching for "**Master Wallace Blackbelt Academy**" and request to join our Group. **IMPORTANT** – Please do not request to join our own personal pages – Thank you.

**PLEASE REMEMBER** - As a member of our academy, you are representing us and our martial art. As many of you are linked to our academy page and may also have links to Taekwon-Do, it is essential for you to set a good example as martial arts students. What you display in your social networking pages will reflect on us and our martial art. Please do not let us down by displaying any inappropriate language, comments, photographs etc. If you do, your link to our academy will be removed immediately.

**Note to Female Students** – Due to the style of our training Doboks, female students are reminded that they must wear a white t-shirt or neck level top under their training suit at all times. This applies to all Junior and Senior students.

**Changing Rooms** – It is important to ensure that all children use the changing rooms provided and do not get changed in the public areas. Please note that only parents from our Little Ninja classes should be entering the changing rooms to assist their children getting ready. Children in all other classes should not require assistance and due to the age ranges in these classes, we ask that all parents remain outside these rooms. Please note that this is part of our child protection policy. If there are any problems at any time, please seek assistance from Sally at reception.

**Lost Property** – We have once again accumulated a large number of clothing and footwear which have been left in the changing rooms. If you think you may have left any items of clothing behind, please remember to ask at reception. They will be kept for a maximum of 30 days and they passed on to a local charity shop.