

Welcome

We would like to welcome those who have joined since our last issue.

Little Ninjas

Lewis Johnstone
Bethany Cartlidge
Saranyan Balan
Kelyan Hopper
Hugo Carroll
Peter Carroll
Darryl Cox
Jack Baxter
Sebastian Warren
Leah McKay

Kickin' Kids

Harrison Stuart
Shavena Balan
Axel Luca
Calum Robertson

Juniors

Brodie Barker
Calum Burke

Seniors

Holly Nicholson

ITF European Championships - SELECTION

This year, three members of our academy have been selected to compete in the Scotland Team at the European Championships in Sweden. Mrs Jacqui Wallace II Deg is competing in Senior Female Team Patterns, Miss Halle Stuart I Deg is competing in the Junior Female Team Patterns and Individual 1st Degree Female Pattern and Mr Alan Whyte I Deg is competing in the Senior Male Team Patterns, Power and Special Technique. Master Wallace (Team Pattern Coach) will be an official at the championships. This is a great honour for our academy to have our Instructors and Blackbelts competing at this level. As both Master and Mrs Wallace will be attending the Championships this year, the academy will have to be closed for a few days to allow for this.

CLOSURE NOTICE – Alternative Classes

We hope that this slight alteration does not cause too much inconvenience, but we are sure you will agree that these are special circumstances and your support for the academy is greatly appreciated. Notes have been issued to everyone affected to advise the alternative classes which will be available for you to attend. Please check the noticeboard and website for all dates.

UP AND COMING TOURNAMENTS

Global Taekwon-Do Championships - May

This competition is being held in Edinburgh on Saturday 15th and Sunday 16th May. Please collect your form from reception. CLOSING DATE for entries will be Tuesday 27th May.

IAKSA Kickboxing Competition - May

The Wishaw Open is being held in the Wishaw Sports Centre, Alexander Street, Wishaw ML2 0HQ on Sunday 23rd May 2010. This competition is open for points and continuous sparring. All students who wish to attend must check with Master Wallace to ensure they have all the equipment required.

TOURNAMENT RESULTS

UKTA Scottish Championships

The UKTA Scottish Championships were held in Glasgow on Saturday 17th April with 9 students travelling from the academy to attend and returned with the following:

Dannielle Gallacher	Gold Patterns, Silver Sparring
Lauren Kiloh	Gold Sparring, Bronze Patterns
Lesley Carmichael	Gold Sparring
Colin Shearer	Silver Sparring, Silver Patterns
Rachel Montague	Bronze Sparring, Bronze Patterns

Fight Night (WKA <35Kg Light Contact Title)

Dean Sutherland was defending his WKA <35Kg Light Contact Title in the Reid Hall in Forfar on Saturday 10th April where he fought 3x1 minute rounds in the ring against Bradley McNairn (Kaizen). We are delighted to say that he successfully defended this title.

Golden Glove Open

This competition was held on Sunday 28th March in the Haden Hill Leisure Centre, Birmingham. Dean Sutherland travelled down to compete and returned with a SILVER for Light Contact Sparring. Well done Dean!!

NEW BANK DETAILS – Error

Due to the academy changing to a new bank, letters have been issued with the new information. Unfortunately an error was made on the account number detailed on the form. The account number should be **48139098**. For letters which have not yet been issued, this number has already been corrected. Please amend your details to show this new number as it will not be accepted. Thank you in advance.

Haiti Earthquake Appeal – 28 day Sponsored Fast

Following the devastating earthquake in Haiti in which the President of our Organisation (ITF) **Grandmaster Tran Trieu Quan** was killed, Master Gordon Wallace VII Degree decided to undertake a 28 day sponsored fast to raise funds. His fast ran from Midnight on 31st January until Midnight on 28th February. In this time, he was on a strict liquid diet of fruit juice, tea and clear soup. He was not allowed solid food of any kind, no coffee or alcohol. Although towards the end he was starting to feel some dizziness, he ensured that he stuck to the diet implicitly. In this time, he has lost **11kg** in weight (24.2lbs) and **4.5 inches** from round his waist.

Master Wallace would like to take this opportunity to say a huge thank you to everyone who contributed resulting in a massive **£2135.51** being raised.

Kids Summer Camps

This year, our Summer Camps will be held as follows: **JULY** Wednesday 21st & Thursday 22nd
AUGUST Wednesday 11th & Thursday 12th

These camps will be open to students in the Kickin' Kids and Junior Programmes who are under 13yrs. If you would like to attend, please complete a registration form and hand in along with £10 deposit or full payment. Full details are available on the registration forms.

Annual Summer Closure Dates

The academy will be closed for its annual summer break for the last week of July and the first week of August this year.

CLOSED ON Sunday 25th JULY
OPEN Monday 9th AUGUST

Please note that there will be no classes held during these 2 weeks.

7th Annual Academy Awards

Our Annual Academy Awards Ceremony was held on Saturday 20th March in the Britannia Hotel, Bucksburn.

It was a great privilege for us to have Grandmaster Tom MacCallum IX Degree as our guest of honour this year, with many being lucky enough to have him present their award. The results for the 2009 Awards were:

COLOUR BELT AWARDS

MOST PROMISING STUDENT

Little Ninjas Shanilka Kannangara
Juniors Euan Sainsbury

MOST IMPROVED STUDENT

Little Ninjas - Beginners Theo Leslie
Little Ninjas - Advanced Caitriona Hastings
Kickin' Kids Antonia Tierney
Juniors Ryan Carstairs
Teens Mr Gordon Trinder I Deg
Senior – Jnr Grade Roy Maclean
Senior - Snr Grade Mr Alan Whyte I Deg

COMPETITOR OF THE YEAR

Little Ninjas Jamie Sutherland
Kickin' Kids Dannielle Gallacher
Juniors Dean Sutherland
Teens Julie Whyte
Senior – Jnr Grade Angela Milne
Senior – Snr Grade Lesley Carmichael
Senior - Over 30's Colin Shearer

BLACKBELT ATTITUDE

Little Ninjas - Beginners Cayden Leitch
Little Ninjas - Advanced Ben Jamieson
Kickin' Kids Rory Anderson
Juniors Cameron Wilkinson

PERSEVERANCE

Little Ninjas Rhys Stoyle
Kickin' Kids Jack McDonald
Juniors Connor Clark
Teens Rachel Montague
Senior Kath Robertson

RYAN PARK MEMORIAL AWARD

Kickin Kids Students Choice Davis Reid

STUDENT OF THE YEAR

Little Ninjas Mitchell Glen
Kickin' Kids Thomas Hill
Juniors Erin Fraser
Teens Miss Halle Stuart I Deg
Seniors Colin Shearer

BLACKBELT AWARDS

DEDICATION & COMMITMENT

Blackbelt 1st Degree

Mrs Margaret McMillan
Mr Dylan Craig

CONTINUED DEDICATION & COMMITMENT

15 year Award

Mrs Jacqui Wallace, II Deg

KOREAN KICKBOXING

Competitor of the Year

Junior – Dean Sutherland

This years entertainment was provided by Bill Duncan from 5th Dimension and this was followed by our post awards party. The raffle proved to be a lot of fun yet again with the top prizes being won as follows:

MAIN RAFFLE £100 Tesco vouchers - Richard Smith (Whyte family)

KIDS RAFFLE £50 Academy vouchers - Connor Napier (Ninja student).

We were very pleased with the new venue and will be booking it again for next February, but have decided that we will definitely be having a ceilidh. It's always a great night and one which we hope you will continue to support.

PHOTOGRAPHS – Photographs are now available to purchase from the Awards Night. If you would like to place an order, please complete a form and hand in along with your payment.

Kickin' Kids – New Saturday Class

Due to the popularity of our Saturday morning Little Ninjas class, we have decided to start a new Kickin' Kids on Saturday mornings starting in May. This will be a once a week class which will be held from 10:15-11:15am.

Recycling

We are pleased to see that so many people are making use of our recycling bin which has helped us to recycle a huge number of plastic bottles since it was introduced. Thank you for your co-operation.

Humility

“Never look down on anybody unless you're helping them up”