

Welcome to all new students who have recently joined us:

Little Ninjas

Cayden Leitch
James Fraser
Grace Fraser
Matthew Dubsy
Theo Lesley
Jay Lesley
Ben Burnett
Zaid Farook
Calum Smith
Jared Ednie
Adam Markowski

Kickin' Kids

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Junior Tae Kwon-Do

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Senior Tae Kwon-Do

Mr James McCourt
(1st Degree)

New Organisation

As from the 10 January 2009, our academy will no longer affiliate to the UKTF (United Kingdom Taekwon-Do Federation) at national level but we will continue to affiliate to the ITF. Along with Mr Mark Hutton 6th Degree from East Kilbride and his satellite schools, we will be together for the development of our new organisation **Taekwon-Do Scotland**. This decision has taken long deliberation as Master Wallace has been with the UKTF since its conception in 1987. We believe however, that this move is the right decision at this time. We will continue the high standard of instruction as normal, and it is our intention to have a Technical Seminar very soon to bring everyone together and meet our new colleagues in Taekwon-Do. Please feel free to contact Master Wallace with any queries or concerns you may have.

Kickboxing Competitions

WKA Scottish Championships – 8 February

The WKA (World Kickboxing Association) Scottish Championships will be held on Sunday 8th February in the Wishaw Sports Centre, Wishaw. Please see Master Wallace for details.

WAKO British Championships – 21 & 22 February

The WAKO (World Association of Kickboxing Organisations) British Championships will be held on Saturday 21st February (Light Contact) and Sunday 22nd February (Full Contact and Semi Contact (points)). This competition is being held in the Ponds Forge International Sports Centre in Sheffield. If you are interest in attending this competition, please see Master Wallace for details.

IAKSA Open Championships – 22 February

The IAKSA (International Amateur Kickboxing Sport Association) Open Championships are being held on Sunday 22nd February in the Broxburn Sports Centre, Broxburn. Please see Master Wallace for details.

Please note these competitions are open to any student who wants additional competition experience. Please note there are specific equipment requirements, so please ask if you are interested.

Taekwon-Do Competition

UKTA Scottish Championships – Saturday 28 March

Inverness Leisure Centre, Inverness.

This competition is open to yellow belts and above and has entry requirements. Please see Master Wallace for details. The closing date for applications is the 10th March

Blackbelt Training / Training Run – 1 Feb

Our next Blackbelt Training session will be held on **Sunday 1st February**. This training will start with a run (12:15pm) and will be followed by training (1:00-3:00pm). Open to all Blackbelts.

ITF Scotland Squad Training – Feb/Mar

National Team Training is open to all Blackbelts and Red Belts who are aged 13yrs plus. Sessions are charged at £10 per class and are held for 3 hours (10:00am-1:00pm). If you have not previously attended, please ask Master Wallace for further information.

Sun 15th Feb Sat 7th Mar Sat 21st Mar

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6th Annual Academy Awards – 20 Mar

Our Academy Awards for 2008 will be held on **Friday 20 March** in the Thistle Hotel, Souterhead Road, Aberdeen (7:00pm for 7:30pm). This is a Formal Dress evening and is the only chance in the year for our academy students to get together, along with family and friends to enjoy a great evening, celebrate the year and congratulate our award winners!! Awards being presented for 2008 will include (Most Promising, Improved, Blackbelt Attitude, Perseverance, Competitor & Student of the Year and Dedication & Commitment). Awards will be presented within all student categories. Professional photographs will be taken of individual award winners along with a group photo.

Half way through the ceremony, a Finger Buffet will be served to the tables. The ceremony will then resume and the group photos will be taken. There will then be a Magic show followed by the Raffle Prize draw. Tickets will be available throughout the evening. Our after party will then continue until 1:00am (students under the age of 14 must be accompanied by an adult).

Tickets prices -	Students (16 and over)	£9.50	Guests (16 and over)	£10.50
	Students (under 16)	£7.50	Guests (under 16)	£8.50

Grading Results

Our last belt promotions of the year were held as follows:

Junior/Senior Taekwon-Do (19-Dec-08)

8th Kup - Christopher Officer

7th Kup - James Adamson, Niall Reid

6th Kup - Gordon Baxter, Rachel Montague, Scott Horne

5th Kup - Elle Trinder, Connor Clark

4th Kup - Dax Edgley, Nick Coxon, Mitchell Stage

3rd Kup - Andrew Balfour, Stephen Robertson, Gaia Tretmanis, Ewan McMillan, Cameron Stewart

2nd Kup - Dean Sutherland

Little Ninjas (20-Dec-08)

White/Yellow Belt - Lewis McShannon, Darren Grant, Caitriona Hastings, Campbell Oag, Gus Macdonald

White/Orange Belt - Jacob Franklin, Tamsin Munro, Sophie Hill

White/Green Belt - Lyall Keir

White/Blue Belt - Finlay Keir

Kickin' Kids (21-Dec-08)

Green/White Belt - Catlin Smith, Grant Oickle

Blue/White Belt - Brodie Jones

Purple/White Belt - Jack McDonald, Owen Balloch, Maxwell Fawcett

Brown/White Belt - Dannielle Gallacher

Relocations

At the end of 2008 due to work relocations, we sadly lost 6 students from the academy to a variety of locations around the world.

Mr Ronnie Roy (III Deg) and **Michelle Hession** (5th Kup) have moved to London for 2 years. Mr Roy will continue his training in London and will still be working in the North Sea, so will be in from time to time.

Rosario Luna (6th Kup), **Eva Prato Luna** (6th Kup) and **Igor Prato Luna** (Top Kicker) have relocated to Spain where they are hoping to continue with their training towards Blackbelt. The family have trained with us since 2004.

Samir Sikder (8th Kup) has moved back to Sweden with his family. Samir started training with us in 2007.

Siddharth Acharya (Ace Kicker) has moved to Australia with his family where he hopes to continue his training. Siddharth started training in 2005.

We are very sad to see them go, but wish them every success in the future.

Blackbelt Club – 25 Jan

Blackbelt Club will be held as follows: Sunday 25th Jan – 2:00-3:00pm

Suits - **Blackbelt Club Suits are now available at a cost of £35 for all sizes. These suits are mandatory for all Blackbelt Club members. Please see Mrs Wallace**

Academy Tracksuits

Academy Tracksuits are now available fully printed at a cost of £45.00. They are available from the smallest size of approximately 150cm (xxxxs) to XL.

ITF Condensed Encyclopedia

We now have copies of the latest version of the ITF Condensed Encyclopedia in stock. This book is brand new and supplied in a protective case at a cost of £79.99 - Published in 2004 it is the latest version containing all of the many revisions that General Choi made in 2002 shortly before his passing - It is without doubt the essential reference book for anyone serious about Taekwon-Do.

ITF Kids Website

The ITF have recently created a new area on their website especially for kids, called Kid Kicks. The link to this site can be found on our own website or alternatively by following the link www.tkd-itf.org

Contact Details - E-Mail Address

In order to keep our emergency contacts up to date, please remember to inform us of any changes to your address or contact numbers since joining us. We would also like to update our student database with e-mail addresses and therefore would appreciate if you could send a message to gordon.wallace@taekwondo-aberdeen.co.uk so that we can put your details on file.

Blackbelt Licences & Certificate Numbers

In order to update our student database with grading dates and certificate numbers, could all Blackbelts please pass their licence booklets and ITF Certificate number to Mrs Wallace if you have not already done so.

Stretching Machine

We have been asked to advertise a second hand stretching machine by one of our Fitness Kickboxing members. A contact number and photographs of the machine are available from Mrs Wallace. Please ask for details.